



ALBERTA ASSOCIATION
ON GERONTOLOGY

Improving the Lives of Older Albertans

2022 – 2023

Annual Report



June 2023

**Alberta Association on Gerontology (AAG)
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PRESIDENT'S REPORT

AAG members have much to be proud of this year! The Futures Policy Forum initiative was our major focus and momentum has only been increasing. Milestones include:

- Series of 8 webinars on priority areas for transformation. The recordings, presentations and reports are amazing sources of information for stakeholders and the public. The webinar series was made possible by our Platinum, Gold, Silver and Bronze sponsors – thank you so much! Most of all, thanks to board member Marlene Raasok for her leadership, coordination and Webinar Report.
- Thought leadership by the cross-sectoral Stakeholder Collaborative Committee, chaired by Vivien Lai.
- *The Conditions of Work are the Conditions of Care* Think Tank (held December 5, 2022) was a great success, co-chaired with the Alberta Gerontological Nurses Association and attended by close to 90 speakers, provider organizations, front line staff, educators and researchers. The Think Tank Report, the first deliverable for the Culture Change Project funded through a 2-year grant from Alberta Health was submitted to the Minister of Health and other relevant ministries in early 2023.
- Collaborating with Alberta Innovates to host a panel at the 2023 Inventures Conference entitled *Creating New Value for Healthy Living & Quality of Life for Older Albertans*. We are looking forward to working with partners to make some of the ideas discussed at the conference a reality.
- Completing Year 1 of the Culture Change Project funded by Alberta Health - we continue to plan for upcoming collaborative initiatives in 2023. A conference co-sponsored with Healthy Aging Alberta will be held in Calgary on October 10 to 12, 2023. Other areas of focus over the coming year will include cross-sectoral values, longevity and diversity.

As an organization, AAG has continued to evolve. The Board has chosen to focus its efforts as a provincial policy advocacy organization and dissolve the separate Edmonton and Calgary Chapters. The by-laws will be revised if approved at the June 2023 Annual General Meeting. I would like to acknowledge the excellent work done over the last number of years at the chapter level and hope we can foster local events again in the future through a new committee structure.

We have also been working on refining and improving communication with members and stakeholders through improvements to the website, social media presence and online newsletters: however, more needs to be done to reach our full potential. Membership has increased slightly since the pandemic years but has not reached previous heights. Thanks to everyone who continues to support AAG through being a member. The board looks forward to hearing your ideas in an upcoming survey.

As I step down as President, I would like to express my thanks to the members of the board and committees who have all worked tirelessly to advance AAG and work to improve the quality of life for older Albertans. Special thanks to our retiring board members for their important contributions: Sandra Hirst, Chantelle Zimmer, Jennifer Mabugat-Chan and Barry Pendergast.



Lynne Mansell, President
Alberta Association on Gerontology

COMMITTEE REPORTS

Goal 1 – Further refine governance and operational infrastructure of the Association.

Governance Committee

The goal of the Governance Committee remains to ensure the transparency and integrity of our work as an Association. We recognize that ethical practices influence all aspects of AAG in general and the work of our committee in particular.

A substantive amount of work on the by-laws was conducted, this past year, to ensure that AAG adheres to provincial legislative / Corporate Registry requirements. The recommended changes to the by-laws have already been approved by the AAG Board of Directors and will be presented to the membership for a vote at our AGM in June 2023. In addition, the AAG policy and procedure manual has been edited to address such items as email voting, revised scholarships, and elimination of Chapters. The manual is considered a work in progress.

I would like to express my sincere appreciation to Jennifer Mabugat-Chan and Chantelle Zimmer for their contribution to the work of this Committee. We met monthly via Zoom and worked by email communication. Their sense of purpose contributed strongly to the work of this Committee and to AAG's mission.

Respectfully submitted,



Sandi Hirst, BScN, PhD
Chair, Goal 1 Committee

Goal 2 – To support the creation of forums and opportunities for policy discussion and development to improve the quality of life of older adults by collaborating with other stakeholders and community at large.

Policy Committee

The Policy Committee did not meet as a separate Committee during the past year; the full Board was engaged in discussing and monitoring progress related to the following change initiatives.

The Futures Policy Forum Initiative began in January 2021. The goal has been to foster a culture and community for transformative change toward the vision for healthy aging and quality of life described in the transformation opportunity for Alberta included in the MNP report.

Vivien Lai continued as Chair for this initiative; Marlene Raasok was Vice-Chair and Project Manager. **Activities in 2022/23 have included:**

- **Sponsoring a Stakeholder Collaborative Committee** to guide development and implementation of the Futures Policy Forum (FPF), and the new Culture Change Project, which has met monthly, except during July, August, and December.
- **Planning and implementing webinars on topics important to Alberta's transformation opportunities.** Eight webinars were held from April 2022 to March 2023. Speaker slides, a videotape of the webinar, and the Webinar Report with an overview of the content, respondent input and recommendations for attention by government and providers are found for each webinar on AAG's website as a resource for ongoing use. Attendance ranged from 135 to 200 people per webinar with the average being 150. Participants voiced positive feedback. The ongoing impact of the webinars is happening, the most notable being a follow-up to Webinar 3 with a Workforce Think Tank in December 2022. Key to success of the webinars has been sponsorship funding to pay for webmaster support to deliver the ZOOM sessions. A report of the impact of the webinar series, summary of policy and practice changes, and lessons learned will go to the Stakeholder Collaborative Committee June 2023.
- **Receiving \$160,000 from Alberta Health to extend the FPF to March 2024. This initiative, named "Culture Change Project (CCP)",** supported the Workforce Think Tank on December 5th. This was very well received by participants and the Ministry of Health—check out the [report](#), also on [AAG's web site](#). Upcoming initiatives under the CCP are focused on developing resources to support the journey of transformation. All initiatives are being undertaken in collaboration with system partners, key to a future of integrated service delivery across health, continuing care, housing, community-based services. The Culture Change Project will end with an evaluation of the FPF & CCP, with recommendations for future coordination and collaboration mechanisms.

Check out resources and follow our progress on [AAG's web site](#).

Report submitted by,



Marlene Raasok, Chair, Policy Committee &
Vice-Chair, Futures Policy Forum & Culture Change Initiative

Goal 3 – Increase the visibility and profile of the AAG.

Membership & Communications Committee

On behalf of Dorothy Chacinski, Chair of the Marketing and Communications Committee, I would like to thank the committee members: Lydia Shiao and Barry Pendergast as well as support staff Gail Kostiw and Andrea Dunne (who participated during the first part of the year). The Committee reviewed and updated its terms of reference to include overseeing the AAG website and increasing AAG presence on social media. The primary challenge is to increase individual and organizational membership in a post-pandemic environment. The committee’s main activity was to review the results of the last AAG member survey and to develop a new survey to ascertain the views of members about the benefits and services that are most important to members as well as older Albertans in the context of the evolving role and structure of AAG. The survey will be sent to existing and previous members in the fall.

AAG Membership Report as of 31 March 2023					
AAG Membership	2018-2019 YTD	2019-2020 YTD	2020-2021 YTD	2021-2022 YTD	2022-2023 YTD
Chapter					
Edmonton Chapter	66	54	44	47	61
Calgary Chapter	47	35	24	36	35
None	12	10	19	23	12
Total for Province	125	99	87	106	108
Membership Type					
Individual	45	32	20	32	39
Organizational	31	19	12	17	20
Senior	6	9	16 (2 prorated)	18	28
Student	22	17	15	12	11
Lifetime (Honorary)	21	22	24	1	10
Total Memberships	125	99	87	106	108

AAGmag

In late winter of 2022, the decision was made by the Board of the Alberta Association on Gerontology, to reimage its newsletter, AAGmag, and distribute it on-line only. One such issue was distributed in the summer of 2022. However, because of the resignation of AAG's webmaster last fall and the lack of IT support for the newsletter, a print copy was distributed to the membership in the early part of this year. This was done to ensure that AAG members were informed of some of the work of the Association.

Currently, we are awaiting direction from the President and Executive as to the future template format and publishing procedure for the newsletter. There are several reasons for this fact. We have been advised by the President and current webmaster that a change in the email delivery system is required because of limitations in our current delivery mode. This has implications as to how content and format might be designed for on-line delivery. This also has training implications for us. In addition, the responsibilities of the current webmaster specific to the on-line newsletter is unclear. It is our understanding that a conversation will be held with the President and webmaster to identify a process for publication of the newsletter. We look forward to the opportunities that an on-line newsletter will provide to inform AAG members of the work conducted on their behalf to promote wellness and quality of life for all older adults in this province.

Respectfully submitted,



Sandi Hirst, RN, PhD,
Editor, AAGmag

FINANCIAL REPORT

Overall, AAG is in good financial condition. Changes were made to the accounts to consolidate the Calgary and Edmonton Chapter accounts into the Provincial account. All cash and investments were transferred. Highlights of revenues received are:

- \$17,500 in sponsorship funds for the webinar series, another \$2,000 deposited in April 2023
- \$70,000 received from Alberta Health for the Culture Change project with \$90,000 expected next year.
- Membership revenue is down slightly from last year, but primarily this is due to the timing of deposits in the current year, more were recorded in April 2023.

Notable expenditures included:

- Project coordinator hired for the Workforce Think Tank from the Culture Change Project funding, recorded under consulting expense for \$27,500.
- Webinar series expenses for Zoom consultant support only was \$12,500.
- Some administrative, website and consulting costs including bookkeeper and data admin were allocated to the Culture Change Project grant.

Submitted by,



French Lau
Treasurer

AUDITOR'S REPORT

June 5, 2023

Re: Audited Financial Statements - Year Ended March 31, 2023

We have reviewed the consolidated financial statements of the Alberta Association on Gerontology consisting of the Provincial Association, Calgary Chapter, Edmonton Chapter and Alberta Health Account for the fiscal year April 1, 2022, to March 31, 2023. We find the submitted financial statements to be substantially correct.

Yours truly,



Bruce West
AAG Member



Renate Sainsbury
AAG Member

**Consolidated Statement of Operations & Net Assets
For Year Ended March 31, 2023**

	2023	2022
Revenue		
Memberships	\$4,640.00	\$5,460.00
Donations	\$250.00	-
Interest	\$215.58	\$384.51
Networking Events	-	\$2,600.00
Sponsorship	\$17,500.00	-
Government Grant	\$70,000.00	-
Total Revenue	<u>\$92,605.58</u>	<u>\$8,444.51</u>
Expenses		
Office Administration	\$1,997.47	\$4,654.84
Insurance	\$2,331.00	\$2,224.00
Website	\$6,632.29	-
Consulting	\$31,092.58	-
Travel	\$325.74	-
Awards	\$2,000.00	\$3,000.00
Donations	\$2,400.00	-
Networking Events	\$5,628.38	\$1,365.00
Webinar Expenses	\$12,455.51	
Honorarium	-	\$100.00
Miscellaneous	-	\$208.95
Total Expenses	<u>\$64,862.97</u>	<u>\$11,552.79</u>
Excess (Deficiency) of Revenue over Expenses	<u>\$27,742.61</u>	<u>(\$3,108.28)</u>
Net Assets, Beginning of Year	<u>\$87,505.06</u>	<u>\$90,613.34</u>
Net Assets, End of Year	<u>\$115,247.67</u>	<u>\$87,505.06</u>



**Consolidated Statement of Financial Position
as of March 31, 2023**

	2023	2022
Assets		
Cash	\$105,167.45	\$62,109.53
Investments	<u>\$10,080.22</u>	<u>\$25,395.53</u>
Total Assets	<u>\$115,247.67</u>	<u>\$87,505.06</u>
Liabilities	-	-
Net Assets	<u>\$115,247.67</u>	<u>\$87,505.06</u>
Liabilities and Net Assets	<u>\$115,247.67</u>	<u>\$87,505.06</u>

NOMINATIONS FOR 2023/2024 PROVINCIAL BOARD

The Provincial Board of Directors is composed of a minimum of 10 and a maximum of 16 members. Positions include Officers (President, Vice-President, Secretary, Treasurer), Past President, and Members-at-Large. Due to the decision to dissolve Chapters and the associated changes to the bylaws of the Association, Chairs or Representatives of Chapters have been removed from the Board composition. Officers are elected for two-year terms and Members-at-Large for either one- or two-year terms. Board members can serve a maximum of six years.

Thank you to those leaving the Provincial Board for your invaluable contributions:

- ❖ Sandra Hirst
- ❖ Jennifer Mabusat Chan
- ❖ Barry Pendergast
- ❖ Chantelle Zimmer

Members remaining on the Board:

- ❖ Sharon Anderson
- ❖ Kathleen Hunter
- ❖ French Lau
- ❖ Lynne Mansell
- ❖ Marlene Raasok (term renewed)
- ❖ Lydia Shiao (term renewed)
- ❖ Heather Tomlinson
- ❖ Catarina Versaevel

Proposed Officers:

- ❖ President: Sharon Anderson
- ❖ Past President: Lynne Mansell
- ❖ Vice-President: Jocelyn Rempel*
- ❖ Secretary: TBD
- ❖ Treasurer: French Lau

*Pending approval by the Provincial Board following the Annual General Meeting.

Nomination slate (recommended for two-year terms):

- ❖ Dorothy Chacinski
- ❖ Jill Chambers

- ❖ Beth Mansell
- ❖ Antonio Miguel Cruz
- ❖ Jackline Kwiatkowski
- ❖ Jocelyn Rempel

Submitted by,

Chantelle Zimmer

Vice-President
Chair, Board Recruitment and Development Committee

SCHOLARSHIPS AND AWARDS

Changes were made to the Bursary Award for 2023, following discussion with the Board in Fall 2022. As there has been a poor response in the past with the award focused on supporting continuing education activities for support workers, this year it was decided to offer the bursary as a single award for a student currently enrolled in a Health Care Aide program. The full amount allotted for the bursary (\$1,000.00) would go to the successful candidate to make this equivalent to the graduate scholarships. Changes to the graduate scholarships to three provincial instead of one provincial/one Calgary Chapter/one Edmonton Chapter were discussed, but it was determined no change could be made until the AAG bylaws were brought to the membership and changed.

Circulation of the notices of the Awards was expanded to include more departments/faculties at universities and educational institutions offering Health Care Aide programs, resulting in an increase in applications.

2023 Applications for Bursary/Scholarships:

Bursary (Health Care Aide) – 5

Edmonton Chapter Award – 3

Calgary Chapter Award - 8

Provincial Award – 10

2023 Nomination for the Mary Morrison Davis Award:

Adjudicated by the AAG Board. To be announced at the Annual General Meeting.

Members of the Scholarship committee who participated in reviewing the bursary/scholarship applications were Simon Palfreyman (Edmonton Chapter) and Heather Thomlinson (AAG Board)

and Mohamed El-Hussein (Calgary Chapter). Recommendations will be brought to the Board meeting on May 16, 2023, for confirmation before announcement of this year's recipients.

In Fall 2024, I will bring forward to the Board any recommendations on further changes to the bursary/scholarships from by the committee.

Bursary awarded to Isabella Johnson, Lethbridge College, Health Care Aide Program.

Provincial Scholarship awarded to Jasmine Hwang (completing PhD in Nursing). Dissertation: "Factors influencing the use of non-pharmacological interventions for seniors with mild to moderate dementia".

Edmonton Chapter Scholarship awarded to Kathryn Lambert (completing a PhD Rehabilitation Sciences). Dissertation will focus on how cognitive impairment in Parkinson's disease might impact rehabilitation for this population.

Calgary Chapter Scholarship awarded to Prince Chiagozie Ekoh (completing PhD in SW). Dissertation: "Social Work and Support Experiences of older African refugees living in Calgary."

Respectfully submitted,



Kathleen Hunter
Chair, Scholarships & Awards Committee